
REFERRAL FOR BENIGN SKIN LESIONS TO A SPECIALIST IN DERMATOLOGY

(e.g. Epidermoid (“Sebacous”) cyst, Lipoma, Skin tags, Seborrhoeic Keratoses, benign Naevi)

Referrals for benign lesions are generally not indicated unless:

A. EMERGENCY REFERRAL TO A SPECIALIST

- Suspected cancer (follow the ABCDE assessment - Asymmetry, Border irregularity, Color variegation, Diameter, Evolving).

B. ROUTINE REFERRAL TO A SPECIALIST

- Diagnostic uncertainty.
- Functional impairment due to the lesion (interference with shaving/dressing or pain).
- Psychological distress due to the lesion (i.e. facial lesions).
- Recurrent infection or discharge.

Source:

<https://dermnetnz.org/topics/abcdes-of-melanoma>