
REFERRAL FOR ECZEMA/DERMATITIS TO A SPECIALIST IN DERMATOLOGY

Indications for referral include:

A. IMMEDIATE REFERRAL TO A&E

- Suspected eczema herpeticum.

B. EMERGENCY REFERRAL TO A SPECIALIST

- Severe atopic eczema that has not responded to optimum topical therapy after 1 week.
- Failure of bacterially infected eczema to respond to treatment.

Other indications for referral include:

- When the diagnosis is uncertain.
- Unsatisfactory response to therapy.
- Unresponsive facial atopic eczema.
- Where specialist advice is required for treatment application (e.g. bandaging).
- Suspected allergic contact.
- Significant consequent social or psychological problems, severe and recurrent infections, especially deep abscesses, or pneumonia.

Note: Other referrals may be considered for psychological advice, where food allergy is suspected or where there is associated growth failure.

Source:

<https://www.nice.org.uk/guidance/cg57/chapter/1-Guidance#indications-for-referral>